

441—187.2 (234) Aftercare services program eligibility requirements. To be eligible for aftercare services, a youth must meet the following requirements:

187.2(1) *Residence.* The youth must be a resident of Iowa.

187.2(2) *Age.* The youth must be at least 18 years of age but less than 21 years of age.

187.2(3) *Out-of-home placement experience.*

a. The youth must:

(1) Leave foster care, the Iowa state training school, or a court-ordered Iowa juvenile detention center:

1. On or after the youth's eighteenth birthday; or

2. Between the ages of 17½ and 18 after being in any combination of foster care, the Iowa state training school, or a court-ordered detention center in at least 6 of the last 12 months before the youth left placement; or

(2) Have been adopted from foster care on or after the youth's sixteenth birthday; or

(3) Have entered a subsidized guardianship arrangement from foster care on or after the youth's sixteenth birthday.

b. For purposes of this division, "foster care" is defined as 24-hour substitute care for a child who is placed away from the child's parents or guardians and for whom the department or juvenile court services has placement and care responsibility through either court order or voluntary agreement.

c. A placement may meet the definition of foster care regardless of whether:

(1) The placement is licensed and the state or a local agency makes payments for the child's care;

(2) Adoption subsidy payments are being made before the finalization of adoption; or

(3) There is federal matching of any payments made.

d. Foster care may include, but is not limited to, placement in:

(1) A foster family home; or

(2) A foster care group home; or

(3) An emergency shelter; or

(4) A preadoptive home; or

(5) The home of a relative or suitable person; or

(6) A psychiatric medical institution for children (PMIC).

187.2(4) *Responsibility.* The youth must:

a. Actively take part in developing and participating in a self-sufficiency plan; and

b. Indicate recognition and acceptance of personal responsibility in the transition toward self-sufficiency.